

Life in 3D -- Changing Your Life by Changing Your Mind

“He who calls you is faithful, who also will do it.” **1 Thess.5:24 NKJV**

“Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.” **Rom. 12:2 NLT**

WHY I MUST MANAGE MY MIND

•My thoughts control my life.

“Be careful how you think - your life is shaped by your thoughts.” **Prov. 4:23 TEV**

•My mind is the battleground for sin.

“I love to do God’s will so far as my new nature is concerned; but there is something else deep within me, in my lower nature, that is at war with my mind and wins the fight and makes me a slave to the sin that is still within me. In my mind I want to be God’s willing servant, but instead I find myself still enslaved to sin. So you see how it is: my new life tells me to do right, but the old nature that is still inside me loves to sin. Oh, what a terrible predicament I’m in! Who will free me from my slavery to this deadly lower nature? Thank God! It has been done by Jesus Christ our Lord. He has set me free.” **Rom. 7:22-23 LB**

•My mind is the key to peace & happiness.

“So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.” **Rom. 8:6 NLT**

3 DAILY CHOICES FOR A HEALTHY MIND

•I must feed my mind with Truth.

“But Jesus told him, ‘No! The Scriptures say, People do not live by bread alone, but by every word that comes from the mouth of God.’” **Matt. 4:4 NLT**

•I must free my mind from destructive thoughts.

“Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit.” **Rom. 8:5 NLT**

“We are human, but we don’t wage war as humans do. We use God’s mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.” **2 Cor. 10:3-5 NLT**

•I must focus my mind on right things.

JESUS

“Keep your mind on Jesus Christ! He was from the family of David and was raised from death, just as my good news says.” **2 Tim. 2:8 CEV**

“Think about Jesus’ example. He held on while wicked people were doing evil things to him. So do not get tired and stop trying.” **Heb. 12:3 NCV**

OTHERS

“Don’t just think about your own affairs, but be interested in others, too, and in what they are doing.” **Phil. 2:4 LB**

ETERNITY

“That is what the Scriptures mean when they say, ‘No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him.’” **1 Cor. 2:9 NLT**

“I have made up my mind to obey your laws forever, no matter what.” **Psalms 119:112 CEV**